



**NAFTALAN - FEEL THE MİRACLE**



A state with a strong economy is capable of everything

**National leader Heydar Aliyev**



Naftalan is the place where the development of medical tourism in Azerbaijan was started

**Ilham Aliyev,  
President of the Republic of Azerbaijan**



Naftalan has become an International Tourism Center.

**Ilham Aliyev,**  
**President of the Republic of Azerbaijan**





### INTRODUCTION

The book presented to your attention deals with healing Naftalan oil, which is rare and unique in the world, has a unique healing effect, has cured many diseases that were considered incurable for many years, made the region famous in the country and around the world, and the tourist city of Naftalan. While telling about past, present, and even future of Naftalan, the book is an important resource in terms of covering the historical path of the city.

The book is significantly different from other books dealing with this field due to its completeness, wealth of facts, and accuracy of information. The main focus is on the promotion of Naftalan meeting world standards as an International Tourism Center.

The book is designed for a wide readership. It can also be used by researchers studying the history of Naftalan, a resort and tourist destination, its development stages and the healing properties of Naftalan oil.

We believe that this book, which is a valuable tool for recognition of the city of Naftalan as a tourist destination and study of properties of Naftalan oil, will be welcomed by readers.

**Azerbaijan Republic Naftalan City Executive Power  
State Tourism Agency of the Republic of Azerbaijan  
Azerbaijan Tourism Board**

## NAFTALAN - FEEL THE MİRACLE

Economic Region  
**Ganja - Dashkasan**

Area  
**3572.63 ha**

Population  
**10300**

Population density  
**258 /km<sup>2</sup>**



Vehicle code  
**46**

Calling code  
**+99422**

Index  
**AZ4600**

Number of Settlements  
**1 city, 2 villages**

Number of municipalities  
**2**

Governing body  
**Naftalan City  
Executive Power**



<http://naftalan-ih.gov.az/>



[https://t.me/naftalan\\_ih](https://t.me/naftalan_ih)



<https://www.facebook.com/naftalan.sih>



[https://www.instagram.com/naftalan\\_sih/](https://www.instagram.com/naftalan_sih/)



<https://twitter.com/NaftalanI?t=73a6MdSTMJNs7gqsQUn90A&s=09>



<https://www.youtube.com/channel/UC3hjtDUEsp4rqoflm4k7tWA/videos>

### **NAPHTHALAN: THE ONLY OIL WITH MIRACULOUS EFFECT IN THE WORLD**

Naftalan is a unique type of oil found in Azerbaijan that is used in for medicinal purposes. It has been prescribed by doctors for years for effective treatment of many diseases. Naftalan oil has anti-inflammatory, analgesic, antiseptic, vasodilator properties.

Naftalan oil can be used to treat more than 70 diseases, including musculoskeletal, nervous system, skin, vascular, gynecological, urological and other diseases. Owing to the unique therapeutic properties of Naftalan oil, inflammatory processes are resolved, pain is reduced, blood circulation and metabolic processes are normalized.

Naftalan oil is, in fact, non-combustible resinous, paraffin-free oil that does not contain fractions in the form of gasoline or kerosene. The main active ingredient of Naftalan oil is naphthenic hydrocarbons, which have analgesic, anti-inflammatory and anti-allergic properties. In addition to aromatic hydrocarbons Naftalan oil contains also resin, the composition of hydrocarbons is very similar to the set of human hormones (androgens, estrogens and corticosteroids). Naftalan oil is dark brown liquid with specific odor.

Chemical composition of Naftalan oil:

1. Naphthene - 50-55%
2. Aromatics - 10-15%
3. Resins - 14-15%
4. Naphthenic-acids - 0.5-3%
5. Sulfur compounds - 0.3-0.7%
6. Nitrogen compounds - 0.3%
7. Microelements (copper, zinc, mangan, boron, iodine, bromine, etc.)





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## ETYMOLOGY OF THE WORD "NAFTALAN"

Presumably, people who knew the medicinal and special importance of "Naftalan" oil, which came up naturally since ancient times used to fill it in buckets and take it to different places with a caravan of camels. The name Naftalan (from Azerbaijani "neft alan" that means "oil buyer") is believed to have originated here. The first written record of use of Naftalan oil for medicinal purposes dates back to the 12th century.

The etymology of the word "naftalan" refers to oil produced in this area and originates from the word "naphtha" meaning "leaking" or "flowing". This is how oil was referred to in ancient Azerbaijan.

## THE LEGEND OF NAFTALAN

There are legends about the miraculous effects of Naftalan oil. The most famous of them is about the camel caravan passing by the oil-filled lakes on the Great Silk Road. The head of the caravan made a difficult decision and left the sick camel there so as not to slow down the caravan. On their way back he found the left camel completely healthy, with no signs of illness. Since then, the caravan spread the word about the effect of oil lakes around the world. It's just a legend; however, in modern times there are also living witnesses of the legend becoming reality. They are many people cured with this oil in Naftalan.



## HISTORY OF NAFTALAN

There can be distinguished conditionally 5 stages in the history of Naftalan:

**Stage I.** It covers XII-XVIII centuries, when the earliest written reference to medicinal oil was made in the works of great Azerbaijani poet and thinker Nizami Ganjavi and Italian traveler Marco Polo. Passing through Azerbaijan during his travel from Venice to China in 1264, Marco Polo described giant ponds full of oil and referring to them as "magic ointment that helps to treat skin diseases". He described what he saw and experienced while travelling in his treatise named "Great Tatarstan". According to Marco Polo there is healing oil in the area of present-day Naftalan, and this oil is used in the treatment of skin diseases.

In ancient times, thousands of people from different parts of Asia, as well as from far India, came to Azerbaijan to get free of various diseases, they took Naftalan oil here, and in their homeland they were treated and healed with this oil.

**Stage II.** This historical period can be referred to as the era of Yeager. This period covers the end of XIX century and the beginning of XX century. In 1873, a German engineer Yeager E.I. acquired a plot of land for oil production and drilled the first well in Naftalan. Yeager, who thought that he was bankrupt, was surprised that the oil was non-flammable. But his observation ability helped him: he noticed that in summer months, locals and visitors took healing "baths" by dipping into holes filled with oil-like liquid. The unfortunate industrialist was able to turn his failure into a success story: in 1890 he built a small factory to produce Naftalan ointments. The factory, built for the production of medicinal ointments, has made rich its owner, who actively exported its products abroad. "Yeager ointment" was recommended as a miraculous treatment for many diseases.

Seeing the growing interest in Naftalan oil, Yeager closed the plant here and sent all the extracted Naftalan oil to Europe, to be more precise, to Germany, for the production of ointments. Ointments developed by Yeager were sent to various European laboratories to publish the results of their observations in the existing medical literature. In a short period of time, Yeager managed to collect about 600 opinions of German and other doctors in Europe and America and to publish a book of reviews about Naftalan in Dresden. This book was translated into Russian and published in 1904 in Tbilisi (Georgia). Produced creams and ointments were sold from Germany to Japan, the EU, the United Kingdom and other countries.

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Also, in those years two joint-stock companies producing medicines from Naftalan oil were operating in Germany: Magdeburg-Naftalan and Dresden-Naftalan.

In 1899, Pharm Zeitung published 65 formulas on the use of Naftalan oil. Naftalan oil was used not only for medicinal purposes, but also in cosmetology. In 1900, various preparations made from Naftalan oil were used in Paris beauty shops.



The first report on Naftalan oil in Russia was made in 1898 by doctor Rosenbaum at the Caucasus Medical Society. Rosenbaum used Naftalan for burns, acute and chronic eczema, seborrhea, psoriasis, wounds and sprains, rheumatic pains. During the First World War, every German and Japanese soldier had Naftalan ointment in the first aid kit to treat gunshot wounds and frostbite. The outbreak of World War I and emigration of the Germans ended the era of Yeager.

**Stage III.** This historical period (1920 -1991) began with the establishment of Soviet power in Azerbaijan. Since 1926, a fundamental study of physical, chemical, geological, biological properties of Naftalan oil has been conducted. As a result of these studies, the first 25-bed seasonal sanatorium was opened in 1935, and in 1965 it was transformed into a 1,500-bed All-Union Health Resort. In 1938, the Naftalan Experimental Laboratory was established at the Azerbaijan Scientific-Research Institute for Medical Rehabilitation and Treatment by Natural Means, and studies of biological and therapeutic effects of Naftalan oil were launched. In 1965, a research laboratory was



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established in Naftalan. In 1969, a 12-room "Vivarium" was opened under this laboratory. Monkeys, rabbits, mice and dogs were kept here for experimentation. In this animal experimentation for effect of Naftalan oil, its components, fractions, biochemical and histochemical activity of blood enzymes, levels of free amino acids in blood plasma, blood morphology and protein spectrum and internal histomorphology were investigated. The research conducted in Azerbaijan SRMRI confirmed that according to its chemical properties iodine-bromine water of Naftalan field refers to healing iodine-bromine, chloride-sodium submineral (20-320C) waters with medium mineral composition ( $M=5-10$  g/l). Academician Mammadaliyev Y.Q., professors Pashayev T.H, Guliyeva

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S.A., Doctor of Medical Sciences Huseynov T.T. rendered great services in the study of Naftalan oil in Azerbaijan. During the Soviet period, the properties and chemical composition of Naftalan oil were studied, and more than 1,000 scientific research works were published.

During World War II, in the evacuation hospitals in Azerbaijan and Baku, Sh. Hasanov's Naftomastica medication was used to treat bullet wounds, traumatic arthritis, burns, frostbite. S.M. Tagiyev's tests conducted on laboratory and agricultural animals have shown that Naftalan oil has a positive effect on the reproductive functions of animals. The results also show the role of Naftalan oil in the development of livestock farming and increase their productivity (meat, eggs) and its scientific and practical significance.

The number of beds in 2300-bed Naftalan Resort Union, established in 1982, was increased to 3200 in 1987. Active construction of sanatoriums was launched after confirmation of the beneficial health properties of Naftalan oil. In general, all the construction, improvement and finishing works carried out in this period are linked with the name of the Great Leader Heydar Aliyev.

**Stage IV.** During this period, resulting from the collapse of the USSR in the early 1990s, Armenia's claiming Azerbaijan lands, and military aggression, number of visitors to the resort began to decline. Refugees and IDPs forced to leave their native lands were accommodated in sanatoriums operating in Naftalan.

**Stage V.** The first visit of our honorable President Mr. Ilham Aliyev to the city of Naftalan launched a new stage. The policy of the Government of Azerbaijan in the field of tourism, adoption of the Law of the Republic of Azerbaijan "On Natural Remedies, –Recreational Facilities and Resorts", approval of the "State Program on Development of Resorts in Azerbaijan for 2009-2018" has led to a qualitatively new trend in the development of Naftalan, that is the establishment of private treatment centers and the provision of services to a higher level.. Recreation and treatment centers, once popular in Naftalan, are regaining their glory in a renewed format. Thus, opening of new hotels and treatment centers, increasing competitiveness results in the number of local and foreign tourists visiting Naftalan growing year by year, and the city has become an International Tourism Center.

### NAFTALAN - CITY THE HEALER

Naftalan resort has been officially operating since 1935. Until 1957, the resort operated seasonally, and since 1957 it has been opened all year round.



Until 1967, Naftalan was a settlement within the Goranboy and Yevlakh districts. By Decision No.48 of the Presidium of the Supreme Soviet of the Republic of Azerbaijan, Naftalan was granted the status of a city of republican subordination.





### 3 WAYS TO VISIT NAFTALAN

Naftalan is located 330 km west of Baku, 55 km east of Ganja, 45 km south of Mingachevir, and 18 km south of Goran Railway Station.

You can choose one of the appropriate means of transport and get to Naftalan.

Ganja International Airport is located 60 km or 1 hour away from the city.

You can take ADY (Azerbaijan Railways) CJSC Baku-Ganja-Baku high-speed train , get out at Goran station (3 hours) and get to Naftalan in 20 minutes. There are car access roads to the city from Gizilhajili and Safikurd villages of Goranboy district, and Talish and Sugovushan villages of Tartar district.

### CLIMATE AND GEOGRAPHICAL LOCATION OF NAFTALAN

Naftalan is located at the foot of the Lesser Caucasus Mountains, at an altitude of 225 meters above sea level. Naftalan is a geographically strategic point, as well as economically a very important city. Getting treatment and relaxing in Naftalan is convenient all year round. Summers are warm and pleasant here, and winters are mild. Average annual air temperature reaches 16 °C, average annual precipitation is 22 mm, and average annual relative humidity is 62%. The highest wind speed is 29 m/s. In recent years, consistent work has been carried out by the City Executive Power to protect and enrich the city's eco-environment. Thus, thousands of evergreen trees and flower bushes and decorative plants are planted in the city every year. Paulownia trees, which grow the fastest in the world and prevent air pollution, have also been planted. There are also huge sycamore trees in the city. It should be noted that evergreen trees such as Eldarica pine, Fir-tree, Cupressus have been the main part of the city's greenery since the 60s. This is good for those suffering from respiratory diseases.



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### TREATMENT WITH NAFTALAN OIL

Hotel and SPA Centers located here provide treatment with native Naftalan baths. Resin-free (purified) Naftalan is also used in some medical procedures, which does not irritate the mucous membrane of subcutaneous cells. Resin-free Naftalan is antibacterial, anti-itch and easy to use oil. Medicine made from purified Naftalan is used for various external and internal treatments. For example, for diseases like eczema and psoriasis, Naftalan-based medicine is rubbed on the skin. Naftalan oil is used not only as therapeutic baths, but also in the form of tampons, for lubrication of mucous membranes of gums, throat and nose, as well as for inhalation, to reduce internal inflammation, vaginitis and intestinal inflammation. The maximum therapy duration is approximately 15-20 days.





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During this time, patients take 10-12 baths at regular intervals under the supervision of medical specialists. Naftalan baths are prescribed at a temperature of 38° C; average duration of a bath is 8-10 minutes.

This oil is very useful in the treatment of musculoskeletal system diseases. For this purpose, patients are prescribed Naftalan baths: general, seated and chamber. In some cases, Naftalan lubrication heated with a sollux lamp is applied.

Naftalan therapy is carried out in the absence of exacerbation of rheumatoid arthritis and polyarthritis (gout, brucellosis, post-traumatic), deforming osteoarthritis, osteochondrosis, spinal spondylosis and tendon fasciitis. However, it is not recommended in cases of severe heart, kidney failure, varicosis, and oncological diseases.

Naftalan oil is indispensable for skin diseases. Naftalan oil significantly reduces manifestations of psoriatic plaques in psoriasis patients. After the first session of Naftalan therapy, patients experience a rash-reducing effect, and most psoriatic plaques fade within a month after treatment. During the procedures, warm oil expands the pores of the skin, oil is absorbed into the skin and enters the bloodstream. The most popular rejuvenating procedures are bromine baths, balneotherapy, massage, paraffin and physiotherapy.

Children over the age of 5 can be treated with Naftalan. Their physiotherapy and duration of bathing are different from adults.



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## NATIONAL LEADER HEYDAR ALIYEV AND NAFTALAN

The development of the Naftalan Resort dates back to 1970-1990s. At that time, the Naftalan Resort was further developed on the initiative of our national leader Heydar Aliyev, who headed the Azerbaijan SSR and later served as the First Secretary of the USSR Council of Ministers, and became famous in the USSR as All-Union Resort.

On February 19, 1982, the Council of Ministers of the Azerbaijan SSR made a joint decision "On measures to further develop Naftalan resort city". As a result of this decision, Naftalan has further grown as a resort city, its facilities and equipment has been upgraded, new sanatoriums and treatment centers were built. "Mil" and "Azerbaijan" sanatoriums with 480 beds, "Chinar" with 580 beds and "Goran" sanatorium with 800 beds were built in the city.

During this period, the national leader Heydar Aliyev rendered unparalleled services for the development of the city, to gain great fame. In those years, various social and economic facilities were built and put into operation in the city. New parks and multi-storey residential buildings were built in Naftalan. Moreover, a consumer services complex, a 400-seat cinema, an airport, a bus station, a 4-storey telecommunication hub and a 9-storey 108-bed hotel were built and put into operation in the city.

At the end of 1980s, Naftalan served up to 80,000 tourists a year.



### PRESIDENT ILHAM ALIYEV AND NAFTALAN

Naftalan city has always been in the focus of the President of the Republic of Azerbaijan, Mr. Ilham Aliyev. The head of state has visited Naftalan many times, and based on the tasks given during these visits, successive measures were taken to develop the city in accordance with modern requirements and turn it into a unique world-class city.

In connection with implementation of the "State Program on Socio-Economic Development of the Regions of the Republic of Azerbaijan for 2004-2008, 2009-2013, 2014-2018, 2019-2023", fundamental and substantial reconstruction works were carried out in the city. Also, the city electricity network, gas, water and sewage lines have been completely renewed, new heating and boiler systems have been installed, the roofs of all multi-storey residential buildings have been renewed, the facades have been overhauled and provided with modern lighting systems..

Major repairs were carried out in the parks, recreation areas were created in the courtyards of residential buildings for the effective organization of leisure time of population.

A comprehensive development plan for Naftalan has been developed and complex measures have been taken.





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## MODERN NAFTALAN

A number of innovations have been made in Naftalan in recent years.

Through the programs implemented on the personal initiative of our honorable President, Naftalan city has risen to the forefront of medical tourism sector. The Sugovushan-Talysh-Tapgaragoyunlu-Gashalti-Naftalan highway, which is under construction by the order of the President, will play an important role in the socio-economic development of the liberated territories. After commissioning of a new road comfortable movement of residents of settlements located along the road will be provided, also ample opportunities will be provided for the socio-economic development of the region, as well as for tourists coming to Naftalan to visit our paradise Karabakh.

### Wi-fi

In 2022, unlimited and fast optical Wi-Fi transmitters were installed by Naftalan City Executive Power in all city parks to increase the satisfaction of both city residents, and local and foreign tourists.



### RAMPS

Ramps have been installed in all avenues and parks, and on sidewalks of the city to ensure comfortable movement of people with mobility restrictions and baby strollers.

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### STATE STANDARD

Based on the application of Naftalan City Executive Power, in order to increase the competitiveness of Naftalan oil and its derivatives on the, the draft state standard AZS 886: 2020 "Naftalan oil native. General requirements" was developed by Azerbaijan Standardization Institute, and after discussion at the Technical Committee for Standardization of Naftalan Oil and Its Derivatives (AZSTAND / TK 29), a state standard for Naftalan oil was obtained for the first time ever.

The application of the standard adopted in August 2020 will boost the competitiveness of Naftalan resort in the country, improve the quality of services provided to local and foreign tourists and further stimulate the development of medical tourism.

**azstand**

AZƏRBAYCAN  
STANDARTLAŞDIRMA  
İNSTITUTU



NAFTALAN  
ŞƏHƏR İCRA HAKİMİYYƏTİ

Yeni AZS 886:2020 «Naftalan nefti nativ. Ümumi tələblər»  
Dövlət Standartı təsdiq edilmişdir



### LITTLE FREE LIBRARY

The "Little Free Library", which has gained a large readership in various age groups, mainly in Europe and the Americas, was made available to readers in Naftalan in 2020.

The library is included in the library register of [www.littlefreelibrary.org](http://www.littlefreelibrary.org) and operates under the mark # 100833, our country is among other countries on the map of this site.

The mini library is free of charge and is available to any reader at any time of the day.

It was in Naftalan resort city that "I love Naftalan" section of "Little Free Library" was opened for the first time in our country.

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### SELF-SERVICE STORE

Naftalan 24/7 self-service store has been launched for the first time in 2020 at the initiative of Naftalan City Executive Power and with support of Gozal Naftalan Treatment Center in order to further improve the services provided to tourists and to increase tourist satisfaction. Launched as a pilot project, the store sells about 20 types of consumer goods most needed by tourists. The products sold in the store include toothpastes made from Naftalan oil, creams, oils, shampoos, soaps, and other natural medicinal products.

### ALTERNATIVE ENERGY

Since 2020, alternative energy sources are used for the first time in Naftalan. A lighting system that is a joint product of local and foreign manufacturers has been installed in Galaba and Nariman Narimanov city parks as a pilot project.

Information and direction boards installed in front of Naftalan Municipality building are illuminated by alternative energy. The new lighting system is equipped with solar powered lamps and solar batteries.





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### FIRST POSTAGE STAMP OF NAFTALAN

In 2021, at the request of Naftalan City Executive Power, the first postage stamp of Naftalan was put into circulation by Azerpost LLC under the Ministry of Transport, Communications and High Technologies.

The design of the stamp block has been included in the catalog of world stamps, and has also caused great interest and joy of philatelists around the world. The issue was printed in the Republic of Belarus in the form of a postage block consisting of one stamp with a circulation of 5,000 copies, and along with the stamp, the First Day envelope was also produced.

### BICYCLE PATH

In 2021, the first 7 km long bicycle path in our country was built in Naftalan for more comfortable and safe movement of cycling enthusiasts.





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### FREE TRANSFER

In order to ensure the satisfaction of tourists visiting the city and their comfortable movement, in 2020, at the initiative of Naftalan City Executive Power and with the support of Naftalan Treatment and Health Center, a passenger vehicle meeting up-to-date standards was put into operation in the direction of Naftalan-Goran railway station-Naftalan. Transportation of tourists is carried out free of charge every day of the week in accordance with the schedule of the new "Stadler" Swiss-made high-speed passenger train of "Azerbaijan Railways" CJSC in the direction of Baku-Ganja-Baku, and the arrival time of the high-speed train at Goran station..



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### NAFTALAN - THE LAND OF HEROES

Naftalan city was damaged during the enemy's attacks at the First Karabakh War, as well as the April battles, and the Patriotic War. During the Patriotic War, under the leadership of our victorious Commander-in-Chief, Mr. Ilham Aliyev, the Brave Azerbaijani Army restored historical justice by liberating our ancestral lands in 44 days, which had been under enemy occupation for more than 30 years.

On September 27, 2020, the first day of the war, a shell hit the house of Elbrus Gurbanov, a resident of Garagoyunlu village of the city, killing five members of the family, including two children. Shahriyar Gurbanov, a minor of the family born in 2007, was a member of the Naftalan U-13 football team consisting of teenagers.

FIFA (Association of International Football Federations) expressed its condolences and deep sorrow over Shahryar's tragic death.

A number of residential houses and vehicles were hit by enemy rockets and shells. Traces of shells are kept on the city plaque as historical evidence.





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During the Patriotic War, there were 4 military Martyrs from Naftalan city - Bahruz Firuz oglu Guliyev, Farid Ilgar oglu Adigozalov, Elyaddin Zohrab oglu Jafarov, Bakhtiyar Ilgar oglu Aslanov and 5 civilian Martyrs.

Also, there were veterans who exhibited heroism and were wounded, and lost their health during the war. In total, there are 23 military and 12 civilian Martyrs in Naftalan. In 2020-2021, at the request of Naftalan City Executive Power, residential houses were built by MLSPP and handed over to privileged people of this group, who have always been surrounded by attention and care of the state. Also, a new residential house was built in the yard for the family of civilian Martyr Elbrus Gurbanov.

A Memorial Complex and a Martyrs' Spring Complex were built in the city to perpetuate the memory of our Martyrs. According to the relevant decrees signed by our Honorable President Ilham Aliyev, our heroes who rose to the peak of Martyrdom, veterans and participants of the Patriotic War were also awarded medals in Naftalan. The Glorious Victory of our Brave Army under the leadership of our Commander-in-Chief returned Naftalan to a peaceful life.

### SISTER CITIES

Relevant documents on cooperation were signed between Naftalan and the cities of L'aigle (France), Positano (Italy), Unejow (Poland), and the Agreement on cooperation and fraternization was signed with the city of Essentuki city (Russia).



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## ECONOMY OF THE CITY

Since 2016, Naftalan has been one of the first 7 cities and districts that cover their expenses from their own income.

There are a total of 16 hotels and health centers operating in Naftalan, three of them are five-star hotels. At present, several health centers are under construction. Naftalan can receive more than 3,200 tourists a day, and this number will exceed 3,600 after the commissioning of new Treatment Centers. Today, Naftalan ranks first among the regions in terms of the number of visitors in the country.

Most of the population works in the Hotel and SPA Centers in the private sector. In total, more than 1,000 people have been employed in health treatment resorts in Naftalan.

## NAFTALAN AIRLINES

Naftalan airport was commissioned in 1977.

During the Karabakh war, the airport, which was regularly fired upon by the Armenian Armed Forces, ceased its operations in the 1990s.

During his sixth historic visit to Naftalan on July 22, 2021, our Honorable President Ilham Aliyev got acquainted with the airport.







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wrestling, athletics and chess).

There is Juma Mosque Religious Community in the city.

The 60-bed Naftalan City Central Hospital was built in accordance with the Order of our honorable President Ilham Aliyev who attended the opening ceremony of the City Central Hospital in 2018.



The Central Hospital has Therapy, Pediatrics, Polyclinic, Obstetrics, Emergency departments, X-ray diagnostics room, Gashalti, Garagoyunlu and Gasimbeyli rural medical centers.



# naftalan

There are 4 parks in Naftalan for recreation of residents and tourists: Heydar Aliyev Park, Samad Vurgun Park, Nariman Narimanov Park and Victory Park. Sports simulators for tourists and residents have been installed in the parks, and a bicycle lane has been laid.



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### FLAG SQUARE

The flag flying at a height of 65 meters in the Flag Square of Naftalan is 10 meters wide and 20 meters long. A park has been built in the surrounding area.

At the entrance to the city from the direction of Safikurd village, Goranboy region, the national flag is hoisted at a height of 25 meters in the Flag Square built in 2021.



NAFTALANIN XƏRİTƏSİ

## Sağlamlıq mərkəzləri Turizm obyektləri



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### NAFTALAN TOURISM INFORMATION CENTER

One of the 6 Tourism Information Center pavilions in our country is located in Naftalan. Visitors can get information about Naftalan city and its oil. The construction of the center was completed in 2021.

Locally produced Wing Z electric scooters, Taxi bike MTB-01 Motorbike and electric cars have been put into use. There is also a bicycle rental station.

In order to ensure the smooth movement of tourists in Naftalan, tourist guide signs in Azerbaijani and English languages and location boards have been installed in different parts of the city.

The available tourist information boards in the city help the tourists who come here to reach their destination on time.

The projects were implemented by the State Tourism Agency and Azerbaijan Tourism Bureau.





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## HOTELS AND TREATMENT CENTERS

### Chinar Hotel & Spa 5\* (started operating since 2011)

Located on a 19-hectare green area, the hotel is a modern tourist complex equipped with the latest equipment, serviced by professional hotel staff and medical staff. The hotel has 170 rooms with 353 beds (Standard, Superior, Suite, Deluxe, King Suite rooms), Naftalan Therapy Center, Polyclinic, Physiotherapy and SPA.

The hotel also provides treatment with Naftalan oil and other Electro/Physiotherapy: locomotorium and musculoskeletal system , peripheral nervous, peripheral vascular, skin, gynecological, urological, and ear, nose and throat diseases.



Treatment package includes medical examination, laboratory tests, USM, Naftalan baths and various physiotherapy procedures. In addition, laser therapy, microwave therapy, vacuum electrotherapy, quartz, shockwave therapy, hydrocolon therapy, pressotherapy, underwater massage services are provided.

Swimming pool, sauna, Turkish bath, fitness room, children's playroom, children's outdoor playground, Turquoise and Vitamin bars, billiards, table tennis, cinema and entertainment/musical services for the rest and comfort of hotel guests are available.



### **For more information and reservations:**

+99422 352 1000

+99450 295 6600

info@chinarhotel.com

www.chinarhotel.az

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### Gashaltı Health Hotel Naftalan 5\* (started operating since 2011)

The complex with an area of 8.5 ha has a hotel building, a fitness center, an entertainment center, a mini stadium and 3 Villas. There are 165 rooms with 342 beds (Economy, Standard, Junior Suite, Deluxe Suite, Premium Suite).

The basis of the services provided here is treatment with unrivaled Naftalan oil. The package received by the guests includes medical examinations, tests, USM, Naftalan baths and various physiotherapy services. Shockwave therapy, underwater traction, underwater massage, UFB therapy, pneumopuncture, cosmetology and dermatology, plasmolifting for hair, face and joints, mesotherapy, peeling, coagulation services for spots and papillomas, in addition, carbon bath, 4-chamber bath services are available.



Bowling, billiards, table tennis, kids corner are available in the fitness and entertainment center. 3D cinema and live music stage, semi-Olympic swimming pool, gym, Turkish bath, sauna and steam room make your vacation even more unforgettable.

The existing courts in the area for football, volleyball, tennis and basketball games are designed for the guests to have more activities.

### **For more information and reservations:**

+99422 352 3003

+99450 295 8604

info@gashalti.az

www.gashalti.az

## NAFTALAN - FEEL THE MIRACLE

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### Garabagh Resort & Spa Naftalan 5\* (started operating since 2014)

Located on an area of approximately 15 ha, the hotel offers its customers medical, leisure and health services. The hotel has 132 rooms (Club room, Deluxe room, Junior suite room, Senior Suite room) with a total of 264 beds.

The diversity of procedures performed using miraculous Naftalan oil in the Entera Spa & Wellness treatment and health center with an area of more than 2000 m<sup>2</sup>, as well as the use of Naftovit, enhanced with stabilized essential oils and vitamins contributes to therapeutic effect of treatment.

Along with prevention, chronic diseases of inflammatory and metabolic nature in muscles and joints, gynecological and cardiovascular diseases, neurological disorders associated with stress and fatigue, diseases caused by metabolic disorders, psoriasis, allergies and the like are treated.



Also, everyone's interests irrespective of age have been taken into account, and recreation areas have been established for them. Golf course, tennis court, basketball court, outdoor swimming pool, Turkish bath and other services provide unforgettable moments to guests.

### **For more information and reservations:**

+99422 352 1581

+99450 254 5090

[reservation@garabaghhotel.com](mailto:reservation@garabaghhotel.com)

[www.garabaghhotel.com](http://www.garabaghhotel.com)



## NAFTALAN - FEEL THE MİRACLE

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### Naftalan Central Sanatorium (started operating since 2021)

There are 10 floors, and 88 rooms with 176 beds in the center located on an area of 1 ha. The sanatorium has a polyclinic, restaurant, cafe-bar, terrace-restaurant, fitness center, sauna, Finnish and Turkish bath. Departments of gynecology, cardiology, laboratory, locomotor diseases, skin diseases and USM departments will operate for medical examination and treatment. There are 8 bathrooms, Naftalan therapy, Thermootherapy, PUVA Therapy, SPA, Laser Therapy, Physiotherapy, Rehabilitation, Electrotherapy and Hydrocolon Therapy in the sanatorium.

### For more information and reservations:

+99422 352 3001

+99450 410 2525

### Park Naftalan (started operating since 2022)

The Treatment Center, located on an area of approximately 1 ha, has 2 five-story buildings and 114 rooms with 240 beds. The equipment in the complex meets up-to-date standards. There is a restaurant and lobby bar serving national and European cuisine.

Physiotherapy, bath, massage, paraffin, electrophoresis, darsanval, magnet, USM, gynecology, iodine bromide and etc. services are available in the treatment department. Also, availability of underwater traction pool in the center contributes to quality of the treatment of patients staying here.

### For more information and reservations:

+99422 352 2212

+99450 234 2458

reservation@parknaftalan.az

www.parknaftalan.az



## NAFTALAN - FEEL THE MİRACLE

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### Gold Naftalan (started operating since 2021)

Located on a 1.5 hectare area, it is a modern treatment and recreation complex having 145 rooms with 288 beds, equipped with the latest medical equipment. The complex includes Polyclinic, Naftalan Therapy Center, Physiotherapy and SPA.

Naftalan Therapy Center consists of 21 bath rooms. 19 of the bathrooms are for Naftalan and 2 are for aroma and mineral baths.

In the physiotherapy department, patients are treated with physiotherapy procedures in parallel with Naftalan baths. These procedures include Ozonotherapy, Electrotherapy, Laser Therapy, Magnet Therapy, Hydrocolon Therapy, Massage-Manipulation-Traction, Infrared radiation, paraffin, special injections and in particular acupuncture. In the Center there is also a salt room made of special stones brought from the Himalayas.

The Polyclinic includes Cardiology, Urology, Gynecology, Neuropathology, USM, Dermatology, Laboratory, ENT examination, Therapist examination, Emergency departments.

There are outdoor and indoor pools, mini stadium, and sports facilities for guests to spend their leisure time more effectively.



### **For more information and reservations:**

+99412 585 9666

+99450 261 3165

+99455 261 3166

[info@goldnaftalan.com](mailto:info@goldnaftalan.com)

[www.goldnaftalan.com](http://www.goldnaftalan.com)

## NAFTALAN - FEEL THE MİRACLE

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### Naftalan Hotel & SPA

In 2017, repair and restoration works were launched in the hotel building located on an area of 0.3 ha and in 2020, the work was completed. The hotel has 10 floors, 78 rooms (Luxury, Suite, Standard rooms etc.) with 180 beds.

Dining room for 200 people, Lobby bar, disco bar, sauna, bath department, treatment rooms and gym are available in the building, equipped with up-to-date equipment.

### **For more information and reservations:**

+99422 352 2556

+99451 206 2900





# NAFTALAN - FEEL THE MİRACLE

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## TREATMENT AND HEALTH CENTERS

- "Naftalan" Treatment and Health Center
- "Miracle Naftalan" Health Center
- "Magic Naftalan" Health Center
- "Gozel Naftalan" Health Center
- "Kepaz" Health Center
- "Naftalan" Resort Union
- "Naftalan Rehabilitation Center" PSHH
- "Ag Bina" Hotel (White Building Hotel)
- "Nur Naftalan" Health Center



Treatment of locomotorium, musculoskeletal system, peripheral nervous, peripheral vascular, skin, gynecological, urological, ear, nose and throat diseases is provided in the treatment and health centers of Naftalan city. The spectrum of diseases treated with Naftalan is increasing every year.

Patients applying to the centers first undergo a comprehensive medical examination (clinical and biochemical laboratory, electrocardiography, ultrasound scan, specialist rooms) and begin treatment. The centers are also open all year round.

The following medical services are provided at the institutions: Medical Appointment; Check-Up, Laboratory tests; ECG (electrocardiography), Naftalan baths, Light bath; Paraffin treatment; Sollux; Massage; Darsonvalization; Amplipuls; Electrophoresis; Magnet; UVC; Shockwave Therapy; Acupuncture Therapy; Ozonotherapy; Traction, USM (ultrasound scan); Lymphatic Drainage; Leech Therapy; Hydrocolon Therapy; ENT; Urologist; BEM (bio massage).



## NAFTALAN - FEEL THE MİRACLE

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### "Naftalan" Treatment and Health Center

It has been operating since 2005  
Number of rooms 110 / Number of beds 394

**For more information and reservations:**

+99422 352 2685 / +99450 649 3141  
info@naftalansm.az  
www.naftalansm.az



### "Miracle" Naftalan Health Center

It has been operating since 2008  
Number of rooms 188 / Number of beds 457

**For more information and reservations:**

+99422 352 3195 / +99450 314 3668  
mocuzelinaftalan@gmail.com  
www.az-naftalan.net

### "Magic" Naftalan Health Center

It has been operating since 2009  
Number of rooms 177 / Number of beds 394

**For more information and reservations:**

+99422 352 3107 / +99451 787 9787  
info@sehirlinaftalan.az  
www.sehirlinaftalan.az



## NAFTALAN - FEEL THE MİRACLE

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### "Gozel Naftalan" Health Center

It has been operating since 2016

Number of rooms 76 / Number of beds 158

#### **For more information and reservations:**

+99412 585 9602

+99450 607 3130

info@gozelnaftalan.az

www.gozelnaftalan.az

### "Kepaz" Health Center

It has been operating since 2016

Number of rooms 63 / Number of beds 103

#### **For more information and reservations:**

+99422 352 2857 / +99422 352 2875

+99455 270 8888

info@naftalankapaz.com

www.naftalankapaz.com



### "Naftalan" Resort Union

It has been operating since 1935

Number of rooms 25 / Number of beds 50

#### **For more information and reservations:**

+99450 223 73 67

naftalankrort@mail.ru





## NAFTALAN - FEEL THE MİRACLE

### "Naftalan Rehabilitation Center" PHSH

It has been operating since 2008  
Number of rooms 12 / Number of beds 25

#### **For more information and reservations:**

+99422 352 1599

+99450 672 8505

naftalan.rn@sosial.gov.az

www.sosial.gov.az



### "White Building" hotel

It has been operating since 2014  
Number of rooms 16 / Number of beds 30

#### **For more information and reservations:**

+99422 352 2556

+99455 843 1549

### "Nur Naftalan" Health Center

It has been operating since 2022  
Number of rooms 64 / Number of beds 195

#### **For more information and reservations:**

+99422 352 1133

+99499 701 0105

nurnaftalan46@gmail.com

www.nurnaftalan.com



# NAFTALAN - FEEL THE MİRACLE

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## ANCIENT NAFTALAN

During archaeological excavations in the area of Gashalti Garagoyunlu village of the city that started since 2020, it was found out that Naftalan was one of the ancient settlements. Naftalan is now an attractive place not only for its natural resources, but also for its archeological monuments. During the research, it was found out by archaeologists that the upper layer of the multi-layered settlement of Galaboyun belongs to the Middle Ages, and the lower layer to the Bronze Age.



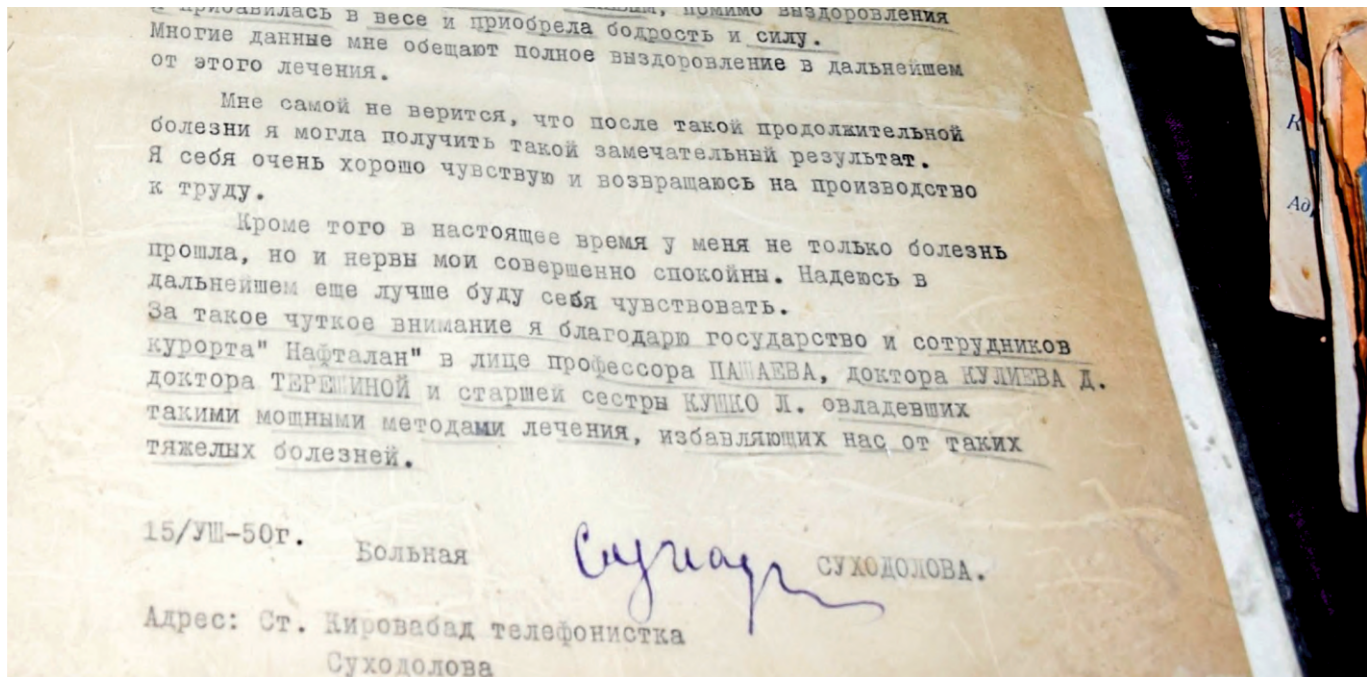
Remains of buildings made of rock and red baked bricks, pottery, hearths, ovens, household wells, and a lot of glazed earthenware made in a simple way were found in the layer of the Middle Ages. Remains of a building made of raw bricks and pottery were found in the Bronze Age layer. Location of the monument area is environmentally and geographically very favorable.

A river once flowed at the foot of the settlement. The river has a large bed, but little water is flowing now. These places are rich in tombstones that reflect the 6,000-year history from the Eneolithic period to the Middle Ages. Thus, around the monument there are Osmantapa, Hajalli, Tatarli, Safikurd mounds of the Bronze Age, Munjuglutapa Early Iron Age necropolis, Lake site, Eneolithic and Early Bronze Age settlements and other ancient tomb monuments.



### THE ONLY MUSEUM OF CRUTCHES IN THE WORLD

There is the world's unique Museum of Crutches in Naftalan. The exhibits of the museum are crutches. Patients who recover after being treated with Naftalan oil leave their crutches in this museum as they no longer need them. The museum has been operating since 1978, also letters sent by patients are also exhibited here.





# NAFTALAN - FEEL THE MİRACLE

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## OTHER PLACES TO VISIT NEAR NAFTALAN CITY



### Ancient Ganja

It is possible to visit Nizami Ganjavi Mausoleum in Ganja, the 2nd city of Azerbaijan. You will get acquainted with one of the pearls of Azerbaijani architecture by visiting the Shah Abbas Mosque, the construction of which dates back to 1606. While you are here, don't forget to visit the nearby Tomb of Javad Khan. The historical and architectural monument of the VIII century - "Imamzadeh" religious and cultural complex, known as "Goy Mosque", is considered to be one of the most valuable architectural monuments in

the country. You can get acquainted with the Art Museum, the Amphitheater, the Artificial Lake, and the Triumphal Arch while walking in the Heydar Aliyev Park Complex. In general, the "Khan Baghi", which is considered to be one of the oldest gardens in the Caucasus and is associated with the names of Ganja khans, is also a must visit place. The park, with a total area of about 5 hectares, is irreplaceable in Azerbaijan due to abundance of tree species growing here. A history is hidden in every corner and every stone of beautiful Ganja.



### The pearl of Azerbaijan - Goygol

A visit to Goygol whose history dates back to ancient times you will provide you the opportunity to get acquainted with the architectural traces left by German community that came from the Kingdom of Württemberg. Protestant churches and houses built by the Germans still remain in the former Yelendorf town. You will find peace and tranquility in the bosom of natural pearls such as Goygol and Maralgol in Goygol National Park, where songs and poems are

added to its beauty. Goygol is also the place where the wine industry was founded in Azerbaijan (Goygol Wine OJSC). A visit to Goygol winery will provide you the opportunity to taste the wines in the cellars.

## NAFTALAN - FEEL THE MİRACLE

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### City of Light - Mingachevir

A visit to Mingachevir, which is about approximately 40 minutes away from Naftalan will enable you to witness the beauty of the City of Light situated on the banks of Kura River. This city will leave you a good impression. In Mingachevir, you will be fascinated by a boat ride on the Kura River, a walk in the boulevard along the river, river fishing, delicious food in the restaurants, and the greenery of the parks that line the streets of the city.



### The Land of Heroes - Goranboy

Do not forget to visit the Goranboy district, which encompasses the ancient history of the Albanian period, the traces of the Kurekchay and Gulustan treaties, and mysterious natural beauty.

Gulustan Fortress, the history of which dates back to the period of Caucasian Albania and remains of which have survived to this day, Buzlug Cave, which was formed as a result of Buzlug River blocking induced by an earthquake in 1137, the double-arched bridge over the river are the places to see. The village of Rus Borisi, where the Molokans resettled during the Tsarist Russia



period lived, and the village of Todan, where German families were engaged in farming in the early XX century, are also the places of interest for you. Ashagy Agjakend settlement, located at the foot of Murovdag will fascinate you with its fresh air, cool springs, dense forests and snow-capped mountains.

## NAFTALAN - FEEL THE MİRACLE

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### GASHALTI POMEGRANATE AND NAFTALAN WINE

Gashalti pomegranate is grown in Gashalti Garagoyunlu village of Naftalan city. Varieties of pomegranate such as veles, gulovsha and new gulovsha with thick peel and large seeds prevail.



Naftalan wine produced in limited quantities at "Azgranata" LLC is made from pomegranates grown in the pomegranate orchards of Gashalti Garagoyunlu village using special technology, and packaged.





### NAFTALAN CUISINE

Naftalan dovga made from herbs such as mint, spinach and celery; keta with meat, white cheese or herbs are the favorite delicacies of the local cuisine that you will definitely taste during



your visit to Naftalan. The taste of another must-have dish on your travel menu, Shah Plov (Shah Pilaf), which is reminiscent of a pie topped with lamb, dried fruits and onions and covered with flatbread is unforgettable. To taste these dishes, you can visit "Ay Ulduz" wedding palace and restaurant, "Palma" and "Sama" restaurants, "Sehrlı" and "Turan" cafes.

Agricultural products can be bought at Yashil Bazar, and at Naftalan Bazar on Sundays.

## NAFTALAN - FEEL THE MİRACLE

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### NAFTALAN BECAME AN INTERNATIONAL TOURISM CENTER

Naftalan has become a health and recreation resort that meets up-to-day world standards and is further developing. Every year, thousands of local and foreign tourists come here for treatment and recreation. The highest rate during the period of independence was recorded in 2019 - 40 thousand tourists visited the city. 30 percent of tourists were citizens of 61 countries of the world. Mainly the citizens of USA, Kazakhstan, Uzbekistan, Israel, Ukraine, Russia, Belarus, Turkey, Saudi Arabia, Kuwait, Lithuania, Estonia, Bahrain, UAE, Tajikistan, Qatar, Iran, China, Germany, Georgia, Kyrgyzstan and Canada use the services of hotels and treatment centers here and recovered.

Naftalan, which is considered to be the center of Azerbaijan health tourism and world-famous for its natural healing oil, also participated in the international exhibition "Expo 2022 Dubai". Stands and other facilities of Garabagh Resort & Spa Naftalan, Chinar Hotel & SPA Naftalan, Gashalti Health Hotel Naftalan, which are part of PMD Group representing Naftalan at the international exhibition, were exhibited in the Azerbaijan pavilion located in the Sustainability thematic zone.

Visitors from around the world learned for the first time what Naftalan oil is and witnessed its therapeutic effect themselves.

Naftalan is a unique and very valuable resource provided by Azerbaijan to the world.

No matter how much you hear or read about Naftalan, it is not enough. To experience and to feel this miracle, you need to touch it.



Azerbaijan is an extremely rich country with various natural resources that are widely used in medicine. But there is a phenomenon of nature that has no equivalent in the world, it is unique.

More than 100 years of scientific research on Naftalan oil and the experience of its use in the treatment of many diseases have proved its effectiveness.

Today, Naftalan oil is considered one of the best and indispensable methods of treatment in many fields of medicine. Healing oil, combined with other spa treatment methods and favorable ecological condition of the region, contributes to treatment of more than 70 diseases.

The long-term experience of Naftalan resort in the field of promoting and developing medical tourism in our country is of great importance.

This book where the past and present of Naftalan oil is presented, is here as a valuable scientific work. Complete information about Naftalan city is also presented in the book that took a lot of effort.



**Academician of ANAS, Director of the Institute  
of Petrochemical Processes named after Y.H.Mammadaliyev,  
Vagif Abbasov**

The book about Naftalan provides the reader with extensive information about the development stage of Naftalan city, Naftalan resort. Development of Naftalan is appropriately split into stages.

Therapeutic properties of the oil stated in Naftalan Treatment section are correct, few medical terms are used.

This will create a basis for the book to be read with interest by a wide readership.

**The Chief Physician of Naftalan Resort Union,  
Hatam Gojayev**



## NAFTALAN - FEEL THE MİRACLE

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Naftalan oil extracted in the Republic of Azerbaijan is considered to be one of the 7 miracles of our native country. But today we can proudly say that this precious product is also one of the worldwide miraculous products.

Writing a book, containing valuable and extensive information will contribute to the greater recognition of Naftalan oil in our country, as well as in the world. Everyone familiar with the fascinating book will rush to "Feel the miracle"!

We wish success to everyone who made efforts!

**Scientific Officer of the Naftalan Treatment Department of the Scientific Research Medical Rehabilitation Institute of the Ministry of Health of the Republic of Azerbaijan, higher degree physician Allahverdi Muradov**

Naftalan oil is our greatest national wealth given to us by nature. Nature has given us this miracle unrivaled. Every natural wonder has its counterpart in any form. But Naftalan oil has no analogue. Thus, recent studies of Naftalan oil, which includes hydrocarbon compounds, disclosed that it contains about 57 microelements. This ensures that Naftalan oil contributes to treatment of more than 70 diseases.

**Director of Naftalan Treatment and Health Center,  
Ilgar Huseynov**

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**Developers:**

Huseynova K.  
Aliyev U.  
Hasanova T.

**English translation and editing:**

Huseynova K.

**Russian translation and editing:**

Hasanova T.

**Computer graphics:**

Abbasov J.

**Design and layout:**

Abbasov J.

**Run:**

500